

Name \_\_\_\_\_

Patient's Physician \_\_\_\_\_ date: \_\_\_\_\_

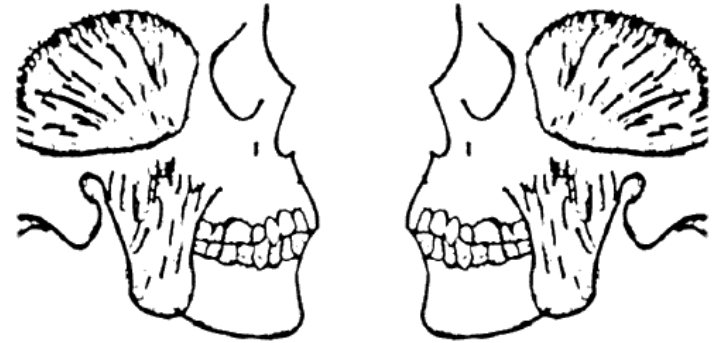
**Muscle + Joint CLINICAL EXAMINATION**

**Pain**

- |                     |     |     |
|---------------------|-----|-----|
| 1. Vertex           | (R) | (L) |
| 2. Occipital        | (R) | (L) |
| 3. Preauricular     | (R) | (L) |
| 4. Auricular        | (R) | (L) |
| 5. Upper Back       | (R) | (L) |
| 6. Middle Back      | (R) | (L) |
| 7. Lower Back       | (R) | (L) |
| 8. Scapula Area     | (R) | (L) |
| 9. Supraorbital     | (R) | (L) |
| 10. Cervical Region | (R) | (L) |
| 11. Shoulder        | (R) | (L) |
| 12. Arm             | (R) | (L) |
| 13. Fingers         | (R) | (L) |
| 14. Chest           | (R) | (L) |

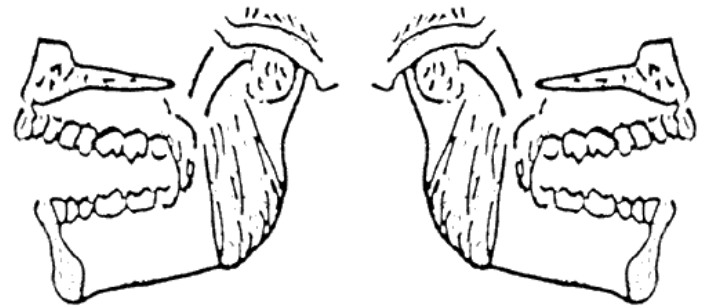
**Muscle Examination (tenderness and pain on palpation)**

- |   |           |     |     |     |
|---|-----------|-----|-----|-----|
| 1. Temporal:                            |           |     |     |     |
| a. Anterior fibers                      | (R)       | (L) |     |     |
| b. Middle fibers                        | (R)       | (L) |     |     |
| c. Posterior fibers                     | (R)       | (L) |     |     |
| 2. Masseter                             |           |     |     |     |
| a. Zygoma                               | (R)       | (L) |     |     |
| b. Body                                 | (R)       | (L) | (R) | (L) |
| c. Lateral surface of angle of mandible |           |     |     |     |
| 3. Internal pterygoid:                  | insertion | (R) | (L) |     |
| 4. External pterygoid:                  | insertion | (R) | (L) |     |
| 5. Sternocleidomastoid:                 |           |     |     |     |
| a. Origin                               | (R)       | (L) |     |     |
| b. Body                                 | (R)       | (L) |     |     |
| c. Insertion                            | (R)       | (L) |     |     |
| 6. Trapezius                            |           |     |     |     |
| a. Origin                               | (R)       | (L) |     |     |
| b. Body                                 | (R)       | (L) |     |     |
| c. Insertion                            | (R)       | (L) |     |     |
| 7. Posterior cervicals                  | (R)       | (L) |     |     |
| 8. Mylohyoid                            | (R)       | (L) |     |     |
| 9. Coronoid process                     | (R)       | (L) |     |     |
| 10. Hypertrophy of any muscle           |           |     |     |     |
| 11. Other areas                         |           |     |     |     |



**R**

**L**



X Sore  
XX Pain  
XXX Spasm

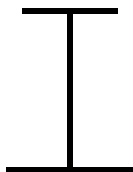


Widest interincisal opening \_\_\_\_\_mm

- |                            |     |     |
|----------------------------|-----|-----|
| a. Crepitation             | (R) | (L) |
| b. Rubbing                 | (R) | (L) |
| c. Sagittal opening click: |     |     |
| immediate                  | (R) | (L) |
| intermediate               | (R) | (L) |
| full                       | (R) | (L) |
| d. Sagittal closing click: |     |     |
| immediate                  | (R) | (L) |
| intermediate               | (R) | (L) |
| terminal closure           | (R) | (L) |
| Audible click:             | (R) | (L) |

Deviation from straight-vertical

opening-and-closing movements



Primary Complaints \_\_\_\_\_

Pt. \_\_\_\_\_

Pain symptoms

date: \_\_\_\_\_

1. Date of onset -- (R) \_\_\_\_\_ (L) \_\_\_\_\_
2. Area of onset \_\_\_\_\_
3. Type -- lancinating, paroxysmal, dull, superficial, deep
4. Quality -- burning, aching
5. Frequency \_\_\_\_\_
6. Duration -- constant, intermittent
7. Period of greatest intensity \_\_\_\_\_
8. Status of pain -- increased, decreased, unchanged
9. Onset -- abrupt, gradual
  - a. tearing
  - b. blurring
  - c. vomiting
10. Disappearance -- abrupt, gradual
11. Factors alleviating pain \_\_\_\_\_
12. Longest free period \_\_\_\_\_
13. Triggering devices -- eating, yawning, speaking, singing, shouting
14. Pain in specific teeth \_\_\_\_\_
15. Additional pain information \_\_\_\_\_

Oral Symptoms (other than pain)

Previous TMJ Treatment and Results

1. Jaws clenched upon awakening
2. Clenching and grinding during sleep
3. Clenching and grinding during waking hours
4. Muscle fatigue \_\_\_\_\_
5. Gingival bleeding and swelling
6. Facial swelling \_\_\_\_\_

\_\_\_\_\_

Vertigo, Syncope, Meniere's Disease  
Vascular Diseases and Blood Dyscrasias

Traumatic Disorders and Skull Fractures

To TMJ -- (R) (L) (date) \_\_\_\_\_  
To other head areas

Headaches and Head Pain (location, character, frequency and duration)

|                      |                              |
|----------------------|------------------------------|
| Migraine (physician) | Rheumatoid arthritis         |
| Neuralgias           | Scleroderma                  |
|                      | Bone Dyscrasias              |
| Medication           | External traumatic arthritis |
| Type of Drug         | Infectious arthritis         |
| Allergy              | Osteoarthritis               |

Orthopedic

Endocrine - female patients with temporomandibular joint syndrome seem to be more disposed to hypothyroidism. In order to establish this deficiency, the patient is asked these questions:

- |                                      |                           |           |
|--------------------------------------|---------------------------|-----------|
| a. Do your nails break easily?       | E.N.T. Symptoms           |           |
| b. Is your skin dry?                 | Epidemic parotitis        | Sinusitis |
| c. Do you tire easily?               | Middle ear infection      | Cysts     |
| d. Does the cold weather bother you? | Nasopharyngeal Conditions | Polyps    |
|                                      | Osteomyelitis             |           |

Nutritional state

Family History of Similar Conditions

Ear Symptoms

1. Tinnitus -- (R) (L)
2. Popping or whooshing noises on opening and closing -- (R) (L)
3. Stiffness of ears -- (R) (L)
4. Changes in hearing ability -- (R) (L)

Additional information (mandibular deformity) \_\_\_\_\_